Phone: 604-874-0242

Website: www.vrc.bc.ca

Junior Badminton Group Training

STARTS: Fri, Feb 28, 2020

REGISTRATION

Members and current participants have priority up to this date

COACHES: Calvin Holoboff – Morgan Van Heukelom – Ming Yao – Duncan Yao

Overhead Clear, Drop, Smash, High Singles Serve, Defense, ½ Court Singles, Basic Singles Strategy. BEGINNER:

Skill Development, Games, Footwork, Conditioning, Drills, Strategy. GROUP B:

Speed Drills, Skill development, Games, Footwork, Conditioning, Drills, Strategy, GROUP A/B:

GROUP A & AA: Advanced skills, Speed Drills, Conditioning, Drills, Strategy.

Clean indoor court shoes, no black soles **DRESS CODE**:

COST: {Cost includes tax, nylon shuttles. Juniors will supply feather ones on their own except Group A&AA}

	Club Members	Non Members	
Beginner	\$ 65.00	\$ 85.00	
Group A/B & B	\$ 90.00	\$110.00	
Group A & AA	\$110.00 *	\$130.00 *	
Group A & AA	\$150.00 **	\$170.00 **	

*1 class/ week

**2 classes/ week

Cheques payable to Calvin Holoboff

Refund Policy

If class has not started, two options:

- 1) Hold credit for later session
- 2) Non-members receive refund less \$16.80 for VRC administration fee

*No refund after group starts * * No rebate given for missed classes * *No duplicate receipts * *Credit will be held for max. 6 months*

SCHEDULE: (No group training on Saturday of tournaments)

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Group	Time		Period	No Class	Registration
Beginner	Saturday	12:00 – 1:00 pm	Mar 21 – May 9	-	Feb 28, 2020
В	Monday	4:00 – 5:30 pm	Feb 17 – Apr 06	-	FULL
В	Saturday	1:00 – 2:30 pm	Mar 28 – May 16	-	Feb 28, 2020
В	Saturday	5:30 – 7:00 pm	Apr 04 – May 23	-	Feb 28, 2020
B & A/B	Saturday	9:00 – 10:30 am	Feb 08 – Apr 04	Mar 14	FULL
B & A/B	Saturday	2:30 – 4:00 pm	Feb 15 – Apr 11	Mar 14	FULL
A/B	Saturday	10:30 – 12:00 pm	Feb 08 – Apr 04	Mar 14	FULL
A/B	Sunday	5:45 – 7:15 pm	Mar 15 – May 3	-	Feb 28, 2020
A / AA	Friday & Saturday	4:00 – 5:30 pm 4:00 – 5:30 pm	Feb 07 – Mar 27 Feb 08 – Apr 04	Mar 14	FULL

Name:	Male / Female Current VRC Member
	ail:
	the mother/father/guardian of will nesponsible for any injury or accident that might happen to my child while the Club.
BEGINNER (Sat 12:00 pm) GROUP B & GROUP A/B GROUP B & GROUP A/B GROUP B & GROUP A/B	A/B (Sat 9:00 am)
Signature of Parent or Guardian Da	Period: March 2020 – May 2020 Cheque/Cash \$ te Date Rec'd