

VRC Vancouver Racquets Club

Phone: 604-874-0242

Website: www.vrc.bc.ca

REGISTRATION
STARTS:

Wed, Jan 08, 2020

Members and current
participants have priority
up to this date

Junior Badminton Group Training

COACHES: Calvin Holoboff – Morgan Van Heukelom – Ming Yao – Duncan Yao

BEGINNER: Overhead Clear, Drop, Smash, High Singles Serve, Defense, ½ Court Singles, Basic Singles Strategy.

GROUP B: Skill Development, Games, Footwork, Conditioning, Drills, Strategy.

GROUP A/B: Speed Drills, Skill development, Games, Footwork, Conditioning, Drills, Strategy.

GROUP A & AA: Advanced skills, Speed Drills, Conditioning, Drills, Strategy.

DRESS CODE: Clean indoor court shoes, no black soles

COST: { Cost includes tax, nylon shuttles. Juniors will supply feather ones on their own except Group A&AA }

	<u>Club Members</u>	<u>Non Members</u>
Beginner	\$ 65.00	\$ 85.00
Group A/B & B	\$ 90.00	\$110.00
Group A & AA	\$110.00 *	\$130.00 *
Group A & AA	\$150.00 **	\$170.00 **

*1 class/ week

**2 classes/ week

Cheques payable to Calvin Holoboff

Refund Policy

If class has not started, two options:

- 1) Hold credit for later session
- 2) Non-members receive refund less \$16.80 for VRC administration fee

**No refund after group starts **

** No rebate given for missed classes **

**No duplicate receipts **

Credit will be held for max. 6 months

SCHEDULE: (No group training on Saturday of tournaments)

Group	Time	Period	No Class	Registration
Beginner	Saturday 12:00 – 1:00 pm	Jan 18 – Mar 07	-	Jan 08, 2020
B	Monday 4:00 – 5:30 pm	Feb 17 – Apr 06	-	Jan 08, 2020
B	Saturday 1:00 – 2:30 pm	Jan 25 – Mar 14	-	Jan 08, 2020
B	Saturday 5:30 – 7:00 pm	Feb 01 – Mar 21	-	Jan 08, 2020
B & A/B	Saturday 9:00 – 10:30 am	Feb 08 – Mar 28	-	Jan 08, 2020
B & A/B	Saturday 2:30 – 4:00 pm	Feb 15 – Apr 04	-	Jan 08, 2020
A/B	Saturday 10:30 – 12:00 pm	Feb 08 – Mar 28	-	Jan 08, 2020
A/B	Sunday 5:45 – 7:15 pm	Jan 19 – Mar 08	-	Jan 08, 2020
A / AA	Friday 4:00 – 5:30 pm & Saturday 4:00 – 5:30 pm	Feb 07 – Mar 27 Feb 08 – Mar 28	-	Jan 08, 2020

✂

Name: _____ Male / Female Current VRC Member ☐

Contact Phone #: _____ Email: _____

PARENT'S CONSENT: I _____ the mother/father/guardian of _____ will not hold the VRC, its Directors, Coaches, and members liable or responsible for any injury or accident that might happen to my child while attending the VRC Advance Training Program being hosted by the Club.

BEGINNER (Sat 12:00 pm)	<input type="checkbox"/>	GROUP B & A/B (Sat 2:30 pm)	<input type="checkbox"/>	GROUP A/AA (Fri)	<input type="checkbox"/>
GROUP B (Mon 4:00 pm)	<input type="checkbox"/>	GROUP B & A/B (Sat 9:00 am)	<input type="checkbox"/>	GROUP A/AA (Sat)	<input type="checkbox"/>
GROUP B (Sat 1:00 pm)	<input type="checkbox"/>	GROUP A/B (Sat 10:30 am)	<input type="checkbox"/>	GROUP A/AA (Fri & Sat)	<input type="checkbox"/>
GROUP B (Sat 5:30 pm)	<input type="checkbox"/>	GROUP A/B (Sun 5:45 pm)	<input type="checkbox"/>		

Period: Jan 2020 to April 2020

Cheque/Cash \$ _____

Date Rec'd _____

Signature of Parent or Guardian _____

Date _____