

VRC Vancouver Racquets Club

Phone: 604-874-0242

Website: www.vrc.bc.ca

REGISTRATION
STARTS:
Sat, Nov 30, 2019
Members and current
participants have priority
up to this date

Junior Badminton Group Training

COACHES: Calvin Holoboff – Morgan Van Heukelom – Ming Yao – Duncan Yao

BEGINNER: Overhead Clear, Drop, Smash, High Singles Serve, Defense, ½ Court Singles, Basic Singles Strategy.

GROUP B: Skill Development, Games, Footwork, Conditioning, Drills, Strategy.

GROUP A/B: Speed Drills, Skill development, Games, Footwork, Conditioning, Drills, Strategy.

GROUP A & AA: Advanced skills, Speed Drills, Conditioning, Drills, Strategy.

DRESS CODE: Clean indoor court shoes, no black soles

COST: {Cost includes tax, nylon shuttles. Juniors will supply feather ones on their own except Group A&AA}

	<u>Club Members</u>	<u>Non Members</u>
Beginner	\$ 65.00	\$ 85.00
Group A/B & B	\$ 90.00	\$110.00
Group A & AA	\$110.00 *	\$130.00 *
Group A & AA	\$150.00 **	\$170.00 **

*1 class/ week

**2 classes/ week

Cheques payable to Calvin Holoboff

Refund Policy

If class has not started, two options:

- 1) Hold credit for later session
- 2) Non-members receive refund less \$16.80 for VRC administration fee

*No refund after group starts *
* No rebate given for missed classes *
*No duplicate receipts *
Credit will be held for max. 6 months

SCHEDULE: (No group training on Saturday of tournaments)

Group	Time	Period	No Class	Registration
Beginner	Saturday 12:00 – 1:00 pm	Nov 23 – Jan 11	-	Nov 09, 2019
B	Monday 4:00 – 5:30 pm	Dec 23 – Feb 10	-	Dec 07, 2019
B	Saturday 1:00 – 2:30 pm	Nov 30 – Jan 18	-	FULL
B	Saturday 5:30 – 7:00 pm	Dec 07 – Jan 25	-	Nov 23, 2019
B & A/B	Saturday 9:00 – 10:30 am	Dec 14 – Feb 01	-	Nov 30, 2019
B & A/B	Saturday 2:30 – 4:00 pm	Dec 21 – Feb 8	-	Dec 07, 2019
A/B	Saturday 10:30 – 12:00 pm	Dec 14 – Feb 01	-	Nov 30, 2019
A/B	Sunday 5:45 – 7:15 pm	Nov 24 – Jan 12	-	Nov 10, 2019
A / AA	Friday 4:00 – 5:30 pm & Saturday 4:00 – 5:30 pm	Dec 13 – Jan 31 Dec 14 – Feb 01	-	Nov 30, 2019



Name: _____ Male / Female Current VRC Member

Contact Phone #: _____ Email: _____

PARENT'S CONSENT: I _____ the mother/father/guardian of _____ will not hold the VRC, its Directors, Coaches, and members liable or responsible for any injury or accident that might happen to my child while attending the VRC Advance Training Program being hosted by the Club.

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|--|--|---|
| BEGINNER (Sat 12:00 pm) <input type="checkbox"/> | GROUP B & A/B (Sat 2:30 pm) <input type="checkbox"/> | GROUP A/AA (Fri) <input type="checkbox"/> |
| GROUP B (Mon 4:00 pm) <input type="checkbox"/> | GROUP B & A/B (Sat 9:00 am) <input type="checkbox"/> | GROUP A/AA (Sat) <input type="checkbox"/> |
| GROUP B (Sat 1:00 pm) <input type="checkbox"/> | GROUP A/B (Sat 10:30 am) <input type="checkbox"/> | GROUP A/AA (Fri & Sat) <input type="checkbox"/> |
| GROUP B (Sat 5:30 pm) <input type="checkbox"/> | GROUP A/B (Sun 5:45 pm) <input type="checkbox"/> | |

Period: Aug 2019 to Nov 2019

Cheque/Cash \$ _____

Date Rec'd _____

Signature of Parent or Guardian Date