



About the Child					
Name:	Gender F/M:	Age:	Birthdate YYYY-MM-DD:		
Allergies:	·				
Individual Learning Preferences (any feedback of value to the coach, that will facilitate success for your child in our program):					
Circle squad and day(s) - Refer to description, for	ees and schedule	on next	t page		
Pre-Junior Varsity (5 to 7 yrs) Thursdays (3:30pm) Saturdays (12pm)					
Novice Varsity (8 to 12 yrs) Wednesdays (4pm) Wednesdays (5pm) Saturdays (1pm)					
Junior Varsity (8 to 12 yrs) Mondays (5pm) Wednesdays (5pm) Thursdays (5pm) Saturdays (2pm)					
Parent's Info (Main Contact)					
Name:	Main Phone:	Email:			
Emergency Contact Info (Secondary Contact)					
Name:	Main Phone:	Email:			
Parental Consent					
I understand that Andrew Mount, the club, its employees and management will undertake to provide a reasonably safe and secure environment for my child and his/her possessions. I am satisfied that the necessary precautions and procedures are in place to minimize any injury or loss. I will not hold Andrew Mount, the club, its employees and management responsible in the event of any accident or loss. If, because of sudden illness or accident, medical treatment is necessary, I agree to allow the club to use its judgment and allow physicians to take emergency measures. I give permission for my child to participate in any supervised off-site excursions that are organized as part of the junior programming.					
Parent Signature:	Date:				
Payment					
Registration payment amount \$ cash/cheque payable to Andrew Mount, or etransfer to andrewmount@vrc.bc.ca.					
No refunds. No make-up classes for any missed attendance.					



Fall Semester Fee Schedule - 12-Week Semester September 16 - December 14				
FREQUENCY	FEE	NOTES		
1 class per week	\$240.00	Applies to all squads		
2 classes per week	\$420.00	Applies to all squads		
3 classes per week	\$600.00	Applies only to Novice and Junior Varsity squads		
4 classes per week	\$720.00	Applies only to Junior Varsity squad		
single class only	\$25.00	Applies to all squads		

VRC VARSITY SQUAD DESCRIPTIONS				
SQUAD	SCHEDULE	DESCRIPTION		
Pre-Junior Varsity (5-7)	Thursdays 3:30PM to 4:15PM Saturdays 12:00PM to 12:45PM	Agility, Balance & Control The ABCs of squash for any beginner. Don't mistake the smiles and giggling; Pre-JV's are hard at work laying the foundation for a successful squash career and working towards future participation in Squash BC's FUNdamental events.		
Novice Varsity (8-12)	Wednesdays 4:00PM to 5:00PM Wednesdays 5:00PM to 6:00PM Saturdays 1:00PM to 2:00PM	Timing, Rhythm & Coordination The NV squad members are acquiring timing, rhythm & coordination during their move, swing & play. Technical repetition in balance with sufficient time to test skills through rallies with others help this group track towards Squash BC's Development events and the Varsity Squad.		



VRC VARSITY SQUAD DESCRIPTIONS				
Junior Varsity (8-12)	Mondays 5:00PM to 6:00PM Wednesdays 5:00PM to 6:00PM Thursdays 5:00PM to 6:00PM Saturdays 2:00PM to 3:00PM	Confidence, Consistency & Refinement The JV squad members are experiencing some confidence and consistency with swing and movement during rallies. Further refinement is gained as players put two shots together during drills. Preparation for matches is introduced through offense and defense awareness. This squad is regularly playing in Squash BC's development events and striving for Squash BC's progressive events in the near future.		
Original VRC Junior Drop-In	Wednesdays 5:00PM to 6:00PM	Legacy Junior Program Why mess with success? We are maintaining the original Wednesday 5pm jr. programming and format. If you were a part of this program last season, please come back. Some of you may choose to also take in a Novice Varsity Squad class to benefit from the technical repetition to improve consistency. Or push your game to the next level with an additional Varsity Squad class.		