

VRC Vancouver Racquets Club

Phone: 604-874-0242

Website: www.vrc.bc.ca

REGISTRATION
STARTS:
Sun, March 31st, 2019
Members and current
participants have priority
up to this date

Junior Badminton Group Training

COACHES: Calvin Holoboff – Morgan Van Heukelom – Ming Yao – Duncan Yao

BEGINNER: Overhead Clear, Drop, Smash, High Singles Serve, Defense, ½ Court Singles, Basic Singles Strategy

GROUP B: Skill Development, Games, Footwork, Conditioning, Drills, Strategy.

GROUP A/B: Speed Drills, Skill development, Games, Footwork, Conditioning, Drills, Strategy.

GROUP A & AA: Advanced skills, Speed Drills, Conditioning, Drills, Strategy.

DRESS CODE: Clean indoor court shoes, no black soles

COST: {Cost includes tax, nylon shuttles. Juniors will supply feather ones on their own except Group A&AA}

	Club Members	Non Members
Beginner	\$ 55.00	\$ 75.00
Group A/B & B	\$ 80.00	\$100.00
Group A & AA	\$100.00 *	\$120.00 *
Group A & AA	\$140.00 **	\$160.00 **

*1 class/ week

**2 classes/ week

Cheques payable to Calvin Holoboff

Refund Policy

If class has not started, two options:

- 1) Hold credit for later session
- 2) Non-members receive refund less \$16.80 for VRC administration fee

*No refund after group starts *
* No rebate given for missed classes *
*No duplicate receipts *
Credit will be held for max. 6 months

SCHEDULE: (No group training on Saturday of tournaments)

Group	Time	Period	No Class	Registration
Beginner	Saturday 12:00 – 1:00 pm	Mar 30 – May 18		Mar 1, 2019
B	Monday 4:00 – 5:30 pm	Apr 29 – June 17		Apr 5, 2019
B	Saturday 1:00 – 2:30 pm	Apr 6 – May 25		Mar 1, 2019
B	Saturday 5:30 – 7:00 pm	Apr 13 – June 1		Mar 31, 2019
B & A/B	Saturday 9:00 – 10:30 am	Apr 13 – June 1		Mar 31, 2019
B & A/B	Saturday 2:30 – 4:00 pm	Apr 27 – June 15		Apr 5, 2019
A/B	Saturday 10:30 – 12:00 pm	Apr 13 – June 1		Mar 31, 2019
A/B	Sunday 5:45 – 7:15 pm	Mar 31 – May 19		Mar 1, 2019
A / AA	Friday 4:00 – 5:30 pm & Saturday 4:00 – 5:30 pm	Apr 19 – June 8		Apr 5, 2019



Name: _____ Male / Female Current VRC Member

Contact Phone #: _____ Email: _____

PARENT'S CONSENT: I _____ the mother/father/guardian of _____ will not hold the VRC, its Directors, Coaches, and members liable or responsible for any injury or accident that might happen to my child while attending the VRC Advance Training Program being hosted by the Club.

- | | | |
|--|--|---|
| BEGINNER (Sat 12:00 pm) <input type="checkbox"/> | GROUP B & A/B (Sat 2:30 pm) <input type="checkbox"/> | GROUP A/AA (Fri) <input type="checkbox"/> |
| GROUP B (Mon 4:00 pm) <input type="checkbox"/> | GROUP A/B (Sat 10:30 am) <input type="checkbox"/> | GROUP A/AA (Sat) <input type="checkbox"/> |
| GROUP B (Sat 1:00 pm) <input type="checkbox"/> | GROUP A/B (Sun 5:45 pm) <input type="checkbox"/> | GROUP A/AA (Fri & Sat) <input type="checkbox"/> |
| GROUP B (Sat 5:30 pm) <input type="checkbox"/> | GROUP B & A/B (Sat 9:00 am) <input type="checkbox"/> | |

Period: Dec 2018 to Feb 2019

Cheque/Cash \$ _____

Date Rec'd _____

Signature of Parent or Guardian

Date