

VRC Vancouver Racquets Club

Phone: 604-874-0242

Website: www.vrc.bc.ca

REGISTRATION
STARTS:
Tues, Jan 15th, 2019
Members and current
participants have priority
up to this date

Junior Badminton Group Training

COACHES: Calvin Holoboff – Morgan Van Heukelom – Ming Yao – Duncan Yao

BEGINNER: Overhead Clear, Drop, Smash, High Singles Serve, Defense, ½ Court Singles, Basic Singles Strategy

GROUP B: Skill Development, Games, Footwork, Conditioning, Drills, Strategy.

GROUP A/B: Speed Drills, Skill development, Games, Footwork, Conditioning, Drills, Strategy.

GROUP A & AA: Advanced skills, Speed Drills, Conditioning, Drills, Strategy.

DRESS CODE: Clean indoor court shoes, no black soles

COST: {Cost includes tax, nylon shuttles. Juniors will supply feather ones on their own except Group A&AA}

| | <u>Club Members</u> | <u>Non Members</u> |
|---------------|---------------------|--------------------|
| Beginner | \$ 55.00 | \$ 75.00 |
| Group A/B & B | \$ 80.00 | \$100.00 |
| Group A & AA | \$100.00 * | \$120.00 * |
| Group A & AA | \$140.00 ** | \$160.00 ** |

*1 class/ week

**2 classes/ week

Cheques payable to Calvin Holoboff

Refund Policy

If class has not started, two options:

- 1) **Hold credit for later session**
- 2) **Non-members receive refund less \$16.80 for VRC administration fee**

*No refund after group starts *
* No rebate given for missed classes *
*No duplicate receipts *
Credit will be held for max. 6 months

SCHEDULE: (No group training on Saturday of tournaments)

| Group | Time | Period | No Class | Registration |
|--------------------|--|-----------------------|----------|----------------------------------|
| Beginner | Saturday 12:00 – 1:00 pm | Feb 2 – Mar 23 | | Jan 15, 2019 |
| B | Monday 4:00 – 5:30 pm | Jan 7 – Feb 25 | | FULL |
| B | Saturday 1:00 – 2:30 pm | Feb 9 – Mar 30 | | Jan 15, 2019 |
| B | Saturday 5:30 – 7:00 pm | Feb 16 – Apr 6 | | Jan 15, 2019 |
| B & A/B | Saturday 9:00 – 10:30 am | Feb 16 – Apr 6 | | Jan 15, 2019 |
| B & A/B | Saturday 2:30 – 4:00 pm | Dec 29 – Feb 23 | Jan 19 | FULL |
| A/B | Saturday 10:30 – 12:00 pm | Feb 16 – Apr 6 | | Jan 15, 2019 |
| A/B | Sunday 5:45 – 7:15 pm | Feb 3 – Mar 24 | | Jan 15, 2019 |
| A / AA | Friday 4:00 – 5:30 pm & Saturday 4:00 – 5:30 pm | Dec 22 – Feb 16 | Jan 19 | Nov 27, 2018 Saturday is FULL |



Name: _____ Male / Female Current VRC Member

Contact Phone #: _____ Email: _____

PARENT'S CONSENT: I _____ the mother/father/guardian of _____ will not hold the VRC, its Directors, Coaches, and members liable or responsible for any injury or accident that might happen to my child while attending the VRC Advance Training Program being hosted by the Club.

- | | | |
|--|--|---|
| BEGINNER (Sat 12:00 pm) <input type="checkbox"/> | GROUP B & A/B (Sat 2:30 pm) <input type="checkbox"/> | GROUP A/AA (Fri) <input type="checkbox"/> |
| GROUP B (Mon 4:00 pm) <input type="checkbox"/> | GROUP A/B (Sat 10:30 am) <input type="checkbox"/> | GROUP A/AA (Sat) <input type="checkbox"/> |
| GROUP B (Sat 1:00 pm) <input type="checkbox"/> | GROUP A/B (Sun 5:45 pm) <input type="checkbox"/> | GROUP A/AA (Fri & Sat) <input type="checkbox"/> |
| GROUP B (Sat 5:30 pm) <input type="checkbox"/> | GROUP B & A/B (Sat 9:00 am) <input type="checkbox"/> | |

Period: Dec 2018 to Feb 2019

Cheque/Cash \$ _____

Date Rec'd _____

Signature of Parent or Guardian

Date