

VRC Vancouver Racquets Club

Phone: 604-874-0242

Website: www.vrc.bc.ca

REGISTRATION
STARTS:

Fri, Sept 21st, 2018

Members and current
participants have priority
up to this date

Junior Badminton Group Training

COACHES: Calvin Holoboff – Morgan Van Heukelom – Ming Yao – Duncan Yao

BEGINNER: Overhead Clear, Drop, Smash, High Singles Serve, Defense, ½ Court Singles, Basic Singles Strategy

GROUP B: Skill Development, Games, Footwork, Conditioning, Drills, Strategy.

GROUP A/B: Speed Drills, Skill development, Games, Footwork, Conditioning, Drills, Strategy.

GROUP A & AA: Advanced skills, Speed Drills, Conditioning, Drills, Strategy.

DRESS CODE: Clean indoor court shoes, no black soles

COST: { Cost includes tax, nylon shuttles. Juniors will supply feather ones on their own except Group A&AA }

	<u>Club Members</u>	<u>Non Members</u>
Beginner	\$ 55.00	\$ 75.00
Group A/B & B	\$ 80.00	\$100.00
Group A & AA	\$100.00 *	\$120.00 *
Group A & AA	\$140.00 **	\$160.00 **

*1 class/ week

**2 classes/ week

Cheques payable to Calvin Holoboff

Refund Policy

If class has not started, two options:

- 1) Hold credit for later session
- 2) Non-members receive refund less \$16.80 for VRC administration fee

**No refund after group starts **

** No rebate given for missed classes **

**No duplicate receipts **

SCHEDULE: (No group training on Saturday of tournaments)

Group	Time	Period	No Class	Registration
Beginner	Saturday 12:00 – 1:00 pm	Sept 22 – Nov 10		Aug 20, 2018
B	Monday 4:00 – 5:30 pm	Sept 3 – Oct 22		Aug 20, 2018
B	Saturday 1:00 – 2:30 pm	Sept 29 – Nov 17		Aug 20, 2018
B	Saturday 5:30 – 7:00 pm	Oct 6 – Dec 8	Oct 27 & Nov 10	Sept 21, 2018
B & A/B	Saturday 9:00 – 10:30 am	Oct 6 – Dec 8	Oct 27 & Nov 10	Sept 21, 2018
B & A/B	Saturday 2:30 – 4:00 pm	Oct 20 – Dec 22	Oct 27 & Nov 10	Sept 21, 2018
A/B	Saturday 10:30 – 12:00 pm	Oct 6 – Dec 8	Oct 27 & Nov 10	Sept 21, 2018
A/B	Sunday 5:45 – 7:15 pm	Sept 30 – Nov 18		Sept 21, 2018
A / AA	Friday 4:00 – 5:30 pm & Saturday 4:00 – 5:30 pm	Oct 13 – Dec 21	Oct 26, 27 & Nov 9, 10	Sept 21, 2018

✂

Name: _____ Male / Female Current VRC Member ☐

Contact Phone #: _____ Email: _____

PARENT'S CONSENT: I _____ the mother/father/guardian of _____ will not hold the VRC, its Directors, Coaches, and members liable or responsible for any injury or accident that might happen to my child while attending the VRC Advance Training Program being hosted by the Club.

BEGINNER	(Sat 12:00 pm)	<input type="checkbox"/>	GROUP B & A/B	(Sat 2:30 pm)	<input type="checkbox"/>	GROUP A/AA	(Fri)	<input type="checkbox"/>
GROUP B	(Mon 4:00 pm)	<input type="checkbox"/>	GROUP A/B	(Sat 10:30 am)	<input type="checkbox"/>	GROUP A/AA	(Sat)	<input type="checkbox"/>
GROUP B	(Sat 1:00 pm)	<input type="checkbox"/>	GROUP A/B	(Sun 5:45 pm)	<input type="checkbox"/>	GROUP A/AA	(Fri & Sat)	<input type="checkbox"/>
GROUP B	(Sat 5:30 pm)	<input type="checkbox"/>						

Period: Oct 2018 to Dec 2018

Cheque/Cash \$ _____

Date Rec'd _____

Signature of Parent or Guardian

Date