

# VRC Vancouver Racquets Club

Phone: 604-874-0242

Website: www.vrc.bc.ca

REGISTRATION  
STARTS:  
**Thurs, Jun 28<sup>th</sup>, 2018**  
Members and current  
participants have priority  
up to this date

## Junior Badminton Group Training

**COACHES:** Calvin Holoboff – Morgan Van Heukelom – Ming Yao – Duncan Yao

**BEGINNER:** Overhead Clear, Drop, Smash, High Singles Serve, Defense, ½ Court Singles, Basic Singles Strategy

**GROUP B:** Skill Development, Games, Footwork, Conditioning, Drills, Strategy.

**GROUP A/B:** Speed Drills, Skill development, Games, Footwork, Conditioning, Drills, Strategy.

**GROUP A & AA:** Advanced skills, Speed Drills, Conditioning, Drills, Strategy.

**DRESS CODE:** Clean indoor court shoes, no black soles

**COST:** {Cost includes tax, nylon shuttles. Juniors will supply feather ones on their own except Group A&AA}

	Club Members	Non Members
Beginner	\$ 55.00	\$ 75.00
Group A/B & B	\$ 80.00	\$100.00
Group A & AA	\$100.00 *	\$120.00 *
Group A & AA	\$140.00 **	\$160.00 **

\*1 class/ week

\*\*2 classes/ week

**Cheques payable to Calvin Holoboff**

**Refund Policy**

**If class has not started, two options:**

- 1) **Hold credit for later session**
- 2) **Non-members receive refund less \$16.80 for VRC administration fee**

\*No refund after group starts \*  
\* No rebate given for missed classes \*  
\*No duplicate receipts \*

**SCHEDULE:** (No group training on Saturday of tournaments)

Group	Time	Period	No Class	Registration
<b>Beginner</b>	<b>Saturday 12:00 – 1:00 pm</b>	<b>Jul 21 – Sept 15</b>	<b>Sept 1</b>	<b>Jun 28, 2018</b>
<b>B</b>	<b>Monday 4:00 – 5:30 pm</b>	<b>Jul 9 – Aug 27</b>		<b>Jun 28, 2018</b>
<b>B</b>	<b>Saturday 1:00 – 2:30 pm</b>	<b>Jul 28 – Sept 22</b>	<b>Sept 1</b>	<b>Jun 28, 2018</b>
B	Saturday 5:30 – 7:00 pm	Jun 16 – Aug 4		Jun 1, 2018
B & A/B	Saturday 9:00 – 10:30 am	Cancelled until further notice		
B & A/B	Saturday 2:30 – 4:00 pm	Jun 30 – Aug 18		FULL
A/B	Saturday 10:30 – 12:00 pm	Jun 16 – Aug 4		Jun 1, 2018
A/B	Sunday 5:45 – 7:15 pm	Jun 10 – Jul 29		Jun 1, 2018
A / AA	Friday 4:00 – 5:30 pm & Saturday 4:00 – 5:30 pm	Jun 23 – Aug 17		Jun 1, 2018



Name: \_\_\_\_\_ Male / Female Current VRC Member

Contact Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

PARENT'S CONSENT: I \_\_\_\_\_ the mother/father/guardian of \_\_\_\_\_ will not hold the VRC, its Directors, Coaches, and members liable or responsible for any injury or accident that might happen to my child while attending the VRC Advance Training Program being hosted by the Club.

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|--|--|---|
| BEGINNER (Sat 12:00 pm) <input type="checkbox"/> | GROUP B & A/B (Sat 2:30 pm) <input type="checkbox"/> | GROUP A/AA (Fri) <input type="checkbox"/>       |
| GROUP B (Mon 4:00 pm) <input type="checkbox"/>   | GROUP A/B (Sat 10:30 am) <input type="checkbox"/>    | GROUP A/AA (Sat) <input type="checkbox"/>       |
| GROUP B (Sat 1:00 pm) <input type="checkbox"/>   | GROUP A/B (Sun 5:45 pm) <input type="checkbox"/>     | GROUP A/AA (Fri & Sat) <input type="checkbox"/> |
| GROUP B (Sat 5:30 pm) <input type="checkbox"/>   |  |   |

Period: Jul 2018 to Sept 2018

Cheque/Cash \$ \_\_\_\_\_

Date Rec'd \_\_\_\_\_

Signature of Parent or Guardian \_\_\_\_\_

Date \_\_\_\_\_