

VRC Vancouver Racquets Club

Phone: 604-874-0242

Website: www.vrc.bc.ca

REGISTRATION STARTS:
Fri, May 4th, 2018
Members and current participants have priority up to this date

Junior Badminton Group Training

COACHES: Calvin Holoboff – Morgan Van Heukelom – Ming Yao – Duncan Yao

BEGINNER: Overhead Clear, Drop, Smash, High Singles Serve, Defense, ½ Court Singles, Basic Singles Strategy

GROUP B: Skill Development, Games, Footwork, Conditioning, Drills, Strategy.

GROUP A/B: Speed Drills, Skill development, Games, Footwork, Conditioning, Drills, Strategy.

GROUP A & AA: Advanced skills, Speed Drills, Conditioning, Drills, Strategy.

DRESS CODE: Clean indoor court shoes, no black soles

COST: {Cost includes tax, nylon shuttles. Juniors will supply feather ones on their own except Group A&AA}

	<u>Club Members</u>	<u>Non Members</u>
Beginner	\$ 55.00	\$ 75.00
Group A/B & B	\$ 80.00	\$100.00
Group A & AA	\$100.00 *	\$120.00 *
Group A & AA	\$140.00 **	\$160.00 **

*1 class/ week

**2 classes/ week

Cheques payable to Calvin Holoboff

Refund Policy

If class has not started, two options:

- 1) **Hold credit for later session**
- 2) **Non-members receive refund less \$16.80 for VRC administration fee**

*No refund after group starts *
* No rebate given for missed classes *
*No duplicate receipts *

SCHEDULE: (No group training on Saturday of tournaments)

Group	Time	Period	No Class	Registration
Beginner	Saturday 12:00 – 1:00 pm	May 26 – Jul 14		May 4, 2018
B	Monday 4:00 – 5:30 pm	May 14 – Jul 2		May 4, 2018
B	Saturday 1:00 – 2:30 pm	Jun 2 – Jul 21		May 4, 2018
B	Saturday 5:30 – 7:00 pm	Apr 14 – Jun 9	Apr 28	FULL
B & A/B	Saturday 9:00 – 10:30 am	May 19 – Jul 7		May 4, 2018
B & A/B	Saturday 2:30 – 4:00 pm	May 5 – Jun 23		FULL
A/B	Saturday 10:30 – 12:00 pm	Apr 14 – Jun 9	Apr 28	FULL
A/B	Sunday 5:45 – 7:15 pm	Apr 8 – Jun 3*	Apr 22*	Mar 29, 2018
A / AA	Friday 4:00 – 5:30 pm & Saturday 4:00 – 5:30 pm	Apr 21 – Jun 22	Apr 27 & 28	Mar 29, 2018

*Please note changes to previous schedule



Name: _____ Male / Female Current VRC Member

Contact Phone #: _____ Email: _____

PARENT'S CONSENT: I _____ the mother/father/guardian of _____ will not hold the VRC, its Directors, Coaches, and members liable or responsible for any injury or accident that might happen to my child while attending the VRC Advance Training Program being hosted by the Club.

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|-------------------------|--------------------------|-----------------------------|--------------------------|------------------------|--------------------------|
| BEGINNER (Sat 12:00 pm) | <input type="checkbox"/> | GROUP B & A/B (Sat 9:00 am) | <input type="checkbox"/> | GROUP A/AA (Fri) | <input type="checkbox"/> |
| GROUP B (Mon 4:00 pm) | <input type="checkbox"/> | GROUP B & A/B (Sat 2:30 pm) | <input type="checkbox"/> | GROUP A/AA (Sat) | <input type="checkbox"/> |
| GROUP B (Sat 1:00 pm) | <input type="checkbox"/> | GROUP A/B (Sat 10:30 am) | <input type="checkbox"/> | GROUP A/AA (Fri & Sat) | <input type="checkbox"/> |
| GROUP B (Sat 5:30 pm) | <input type="checkbox"/> | GROUP A/B (Sun 5:45 pm) | <input type="checkbox"/> | | |

Period: May 2018 to Jul 2018

Signature of Parent or Guardian

Date

Cheque/Cash \$ _____
Date Rec'd _____