Phone: 604-874-0242 Website: www.vrc.bc.ca

Junior Badminton Group Training

REGISTRATION STARTS:

Fri, Oct 27, 2017

Members and current participants have priority up to this date

COACHES: Calvin Holoboff – Morgan Van Heukelom – Ming Yao – Duncan Yao

BEGINNER: Overhead Clear, Drop, Smash, High Singles Serve, Defense, ½ Court Singles, Basic Singles Strategy

GROUP B: Skill Development, Games, Footwork, Conditioning, Drills, Strategy.

GROUP A/B: Speed Drills, Skill development, Games, Footwork, Conditioning, Drills, Strategy.

GROUP A & AA: Advanced skills, Speed Drills, Conditioning, Drills, Strategy.

DRESS CODE: Clean indoor court shoes, no black soles

COST: {Cost includes tax, nylon shuttles. Juniors will supply feather ones on their own except Group A&AA}

	Club Members	Non Members	
Beginner	\$ 55.00	\$ 75.00	
Group A/B & B	\$ 80.00	\$100.00	
Group A & AA	\$100.00 *	\$120.00 *	
-	\$140.00 **	\$160.00 **	

Refund Policy

If class has not started, two options:

- 1) Hold credit for later session
- 2) Non-members receive refund less \$16.80 for VRC administration fee

*No refund after group starts *

* No rebate given for missed classes *

*No duplicate receipts *

Cheques payable to Calvin Holoboff

SCHEDULE: (No group training on Saturday of tournaments)

Group	Time		Period	No Class	Registration
Beginner	Saturday	12:00 – 1:00 pm	Nov 25 – Jan 13		Oct 27, 2017
В	Monday	4:00 - 5:30 pm	Nov 13 – Jan 15	Dec 25 & Jan 1	Oct 27, 2017
В	Saturday	1:00 - 2:30 pm	Dec 2 – Jan 20		Oct 27, 2017
В	Saturday	5:30 - 7:00 pm	Oct 7 – Dec 9	Oct 28 & Nov 11	FULL
B & A/B	Saturday	2:30 – 4:00 pm	Oct 21 – Dec 23	Oct 28 & Nov 11	FULL
A/B	Saturday	10:30 – 12:00 pm	Oct 7 – Dec 9	Oct 28 & Nov 11	FULL
A/B	Sunday	5:45 - 7:15 pm	Oct 8 – Nov 26		Sept 28, 2017
A / AA	Friday	4:00 - 5:30 pm	Oct 20 – Dec 22	Oct 28,	Sept 28, 2017
	& Saturday	4:00 - 5:30 pm	OCt 20 – Dec 22	Nov 10 & Nov 11	Sept 28, 2017

Name:			Male / Female		Current VRC Member	
Contact Phone #:		Email:				
PARENT'S CONSENT: I hold the VRC, its Directors, Coac attending the VRC Advance Train	ches, and members liable	e or responsible for any	her/guardian of y injury or accident	t that might h	will no will while	
BEGINNER GROUP A/AA (Fri) GROUP A/AA (Sat) GROUP A/AA (Fri & Sat)	☐ GROUP I GROUP I GROUP I GROUP I	B (Sat 1:00 pm) B (Sat 2:30 pm)	Gi	ROUP A/B	(*************************************	
Signature of Parent or Guard	ian I	Date	C		17 to Jan 2018 \$	