

VRC Vancouver Racquets Club

Phone: 604-874-0242

Website: www.vrc.bc.ca

REGISTRATION
STARTS:
Thurs, Sept 7, 2017
Members and current
participants have priority
up to this date

Junior Badminton Group Training

COACHES: Calvin Holoboff – Morgan Van Heukelom – Ming Yao – Duncan Yao

BEGINNER: Overhead Clear, Drop, Smash, High Singles Serve, Defense, ½ Court Singles, Basic Singles Strategy

GROUP B: Skill Development, Games, Footwork, Conditioning, Drills, Strategy.

GROUP A/B: Speed Drills, Skill development, Games, Footwork, Conditioning, Drills, Strategy.

GROUP A & AA: Advanced skills, Speed Drills, Conditioning, Drills, Strategy.

DRESS CODE: Clean indoor court shoes, no black soles

COST: {Cost includes tax, nylon shuttles. Juniors will supply feather ones on their own except Group A&AA}

	<u>Club Members</u>	<u>Non Members</u>
Beginner	\$ 55.00	\$ 75.00
Group A/B & B	\$ 80.00	\$100.00
Group A & AA	\$100.00 *	\$120.00 *
	\$140.00 **	\$160.00 **
	*1 class/ week	**2 classes/ week

Refund Policy

If class has not started, two options:

- 1) Hold credit for later session
- 2) Non-members receive refund less \$16.80 for VRC administration fee

*No refund after group starts *
* No rebate given for missed classes *
*No duplicate receipts *

Cheques payable to Calvin Holoboff

SCHEDULE: (No group training on Saturday of tournaments)

Group	Time	Period	No Class	Registration
Beginner	Saturday 12:00 – 1:00 pm	Sept 16 – Nov 18	Oct 28 & Nov 11	Sept 7, 2017
B	Monday 4:00 – 5:30 pm	Sept 18 – Nov 6		Sept 7, 2017
B	Saturday 1:00 – 2:30 pm	Sept 23 – Nov 25	Oct 28 & Nov 11	Sept 7, 2017
B	Saturday 5:30 – 7:00 pm	Aug 5 – Sep 30	Aug 12	Jul 27, 2017
B & A/B	Saturday 2:30 – 4:00 pm	Aug 26 – Oct 14		Jul 27, 2017
A/B	Saturday 10:30 – 12:00 pm	Aug 5 – Sep 30	Aug 12	Jul 27, 2017
A/B	Sunday 5:45 – 7:15 pm	Aug 13 – Oct 1		Jul 27, 2017
A / AA	Friday 4:00 – 5:30 pm & Saturday 4:00 – 5:30 pm	Aug 25 – Oct 14		Jul 27, 2017

✂
Name: _____ Male / Female Current VRC Member

Contact Phone #: _____ Email: _____

PARENT'S CONSENT: I _____ the mother/father/guardian of _____ will not hold the VRC, its Directors, Coaches, and members liable or responsible for any injury or accident that might happen to my child while attending the VRC Advance Training Program being hosted by the Club.

- | | | |
|---|--|---|
| BEGINNER <input type="checkbox"/> | GROUP B (Mon 4:00 pm) <input type="checkbox"/> | GROUP A/B (Sat 10:30 am) <input type="checkbox"/> |
| GROUP A/AA (Fri) <input type="checkbox"/> | GROUP B (Sat 1:00 pm) <input type="checkbox"/> | GROUP A/B (Sat 2:30 pm) <input type="checkbox"/> |
| GROUP A/AA (Sat) <input type="checkbox"/> | GROUP B (Sat 2:30 pm) <input type="checkbox"/> | GROUP A/B (Sun 5:45 pm) <input type="checkbox"/> |
| GROUP A/AA (Fri & Sat) <input type="checkbox"/> | GROUP B (Sat 5:30 pm) <input type="checkbox"/> | |

Period: Sept 2017 to Nov 2017

Cheque/Cash \$ _____
Date Rec'd _____

Signature of Parent or Guardian

Date