Phone: 604-874-0242

Website: www.vrc.bc.ca

## REGISTRATION STARTS:

## Sat, May 20, 2017

Members and current participants have priority up to this date

## **Junior Badminton Group Training**

**COACHES**: Calvin / Kyle Holoboff – Morgan Van Heukelom – Ming Yao

BEGINNER: Overhead Clear, Drop, Smash, High Singles Serve, Defense, ½ Court Singles, Basic Singles Strategy

GROUP B: Skill Development, Games, Footwork, Conditioning, Drills, Strategy.

GROUP A/B: Speed Drills, Skill development, Games, Footwork, Conditioning, Drills, Strategy.

GROUP A & AA: Advanced skills, Speed Drills, Conditioning, Drills, Strategy.

**DRESS CODE**: Clean indoor court shoes, no black soles

**COST:** {Cost includes tax, nylon shuttles. Juniors will supply feather ones on their own except Group A&AA}

	Club Members	Non Members
Beginner	\$ 55.00	\$ 75.00
Group A/B & B	\$ 80.00	\$100.00
Group A & AA	\$100.00 *	\$120.00 *
	\$140.00 **	\$160.00 **

\*1 class/ week \*\*2 classes/ week

## Refund Policy

If class has not started, two options:

- 1) Hold credit for later session
- 2) Non-members receive refund less \$16.80 for VRC administration fee

\*No refund after group starts \*

\* No rebate given for missed classes \*

\*No duplicate receipts \*

Date Rec'd

**Cheques payable to Calvin Holoboff** 

**SCHEDULE:** (No group training on Saturday of tournaments)

×

Group	Time		Period	No Class	Registration
Beginner	Saturday	12:00 – 1:00 pm	May 20 – Jul 8		Apr 29, 2017
В	Monday	4:00 - 5:30 pm	May 29 – Jul 17		May 20, 2017
В	Saturday	1:00 - 2:30 pm	May 27 – Jul 15		May 20, 2017
В	Saturday	5:30 - 7:00 pm	Apr 15 – Jun 3		FULL
B & A/B	Saturday	2:30 – 4:00 pm	Apr 29 – Jun 17		Mar 25, 2017
A/B	Saturday	10:30 – 12:00 pm	Apr 15 – Jun 3		FULL
A/B	Sunday	5:45 - 7:15 pm	Apr 23 – Jun 11		Mar 25, 2017
A / AA	Friday & Saturday	4:00 - 5:30 pm 4:00 - 5:30 pm	Apr 28 – Jun 17		Mar 25, 2017

Name:			Male / Female		nale Curr	e Current VRC Memb	
Contact Phone #:		_ Email:					
PARENT'S CONSENT: I_hold the VRC, its Directors, Coattending the VRC Advance Tra	aches, and members lia	ble or respor	sible for any				
BEGINNER GROUP A/AA (Fri) GROUP A/AA (Sat) GROUP A/AA (Fri & Sat)	GROU	PB (Sat PB (Sat	n 4:00 pm) 1:00 pm) 2:30 pm) 5:30 pm)		GROUP A GROUP A	/B (Sat 10:30 a /B (Sat 2:30 pm /B (Sun 5:45 pm / 2017 to Jul 2017	n)
Signature of Parent or Guar		Date			•	ash \$	